



County Longford Public Participation Network (PPN)

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[PPN Newsletter January 2019 Part 2](#)

[Creative Ireland Longford - Funding Consultancy Sessions 2019](#)

The Creative Ireland Creativity and Well-being Programme 2019 is now open and a call for applications for funding went out in December 2018 with a closing date of Thursday, January 31st, 2019. This has now been extended to Thursday, February 7th, 2019.

To assist you in completing the application form, or finding out more about Creative Ireland as a possible funding partner for your event, please visit us at one of our consultancy sessions next week. We will be in Longford Library Headquarters on Monday January 28th from 5pm to 7pm. On Tuesday, January 29th, there will be a session at Ballymahon Community Library from 5pm to 7pm. Our final session will take place in Granard Community Library on Thursday, January 31st, from 5pm to 7pm.

This is your opportunity to learn more about the ways in which Creative Ireland Longford can help your event become a reality in 2019. To book a consultation with members of the Creative Ireland Longford team at one of these venues, please call 043-3341124 or email: creativeireland@longfordcoco.ie.

To download the 2019 funding application form, or to find out more about the Creative Ireland Longford Culture and Creativity Plan (2018-2022), please visit: <http://www.longfordlibrary.ie/creative-ireland-longford/creative-ireland-longford-funding>

Last year, almost 40 exciting and new projects from across the county received funding, including the Padraic Colum International Literary Gathering, the Still Voices Short Film Festival in Ballymahon, the revival of the Granard Harp Festival, and a day of creativity for children called Cruinniú na nÓg (June 23rd, 2018).

Our annual 'What's On Guide' to events happening across the county, will be published shortly. This is a popular publication providing information about events happening over the course of this year, at a glance. If you want your event included, please submit your details on or before February 19th (free of charge), to creativeireland@longfordcoco.ie or telephone 043-3341124.

[Opportunity to Showcase Your Work to a National Audience](#)

Community and voluntary organisations are [invited to submit](#) examples of projects contributing to the environmental, social or economic sustainability of a community. Your projects will be showcased free of charge on the Spark Change Project's website and social media channels.

The goal is to improve the economic, social and environmental sustainability of communities across Ireland, and to gather information on how community and voluntary activity is contributing to Ireland's commitments to achieve the UN's Sustainable Development Goals by 2030.

[Read More](#)

Bridgeways FRC Family Wellness Programme

Bridgeways FRC compliments of the Healthy Ireland Fund through the LW CYPSC are hosting a Family Wellness Programme.

The objectives of this programme for families are as follows:

- to learn the nutritional benefits of healthy eating.
- to learn new culinary skills
- to cook together, eat together and to engage in physical activities together
- to receive financial budgeting advice
- to learn about their mental health well being and to gain tools as a family to cope with life's difficulties.

BRIDGEWAYS
FAMILY RESOURCE CENTRE

BRIDGEWAYS FAMILY RESOURCE CENTRE

FAMILY WELLNESS 8 WEEK PROGRAMME

FREE TO ATTEND

- **PHYSICAL ACTIVITIES & GAMES**
- **FOOD PREP & COOKING**
- **TIPS ON PHYSICAL & MENTAL WELLNESS**
- **LOTS OF FUN ACTIVITIES & DAY TRIPS**

**EVERY MONDAY 4.15PM - 6.00PM
COMMENCING 11TH OF FEBRUARY
FOR 8 WEEKS.**

**Free to Attend. Materials & Meals
provided free of charge.**

**Contact Grace on 085-8668062 for
more info.**

**"THE MOST
IMPORTANT TIME IS
FAMILY TIME"**

poba
government supporting communities

LCDC
Local Community Development Centre

hi
healthy Ireland

Riadas na hÉireann
Government of Ireland

TÚSLA
An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency